



DAVID WEINSTEIN, D.M.D.

NYC Periodontics And Dental Implants

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Post Surgical Instructions

- In order to minimize postoperative discomfort please take 2 tablets of Advil every 3-4 hours. If you have been given Vicodin, it must be taken every 5-6 hours. Do not drink alcohol while taking pain medication.
- If you have been given an antibiotic, some digestive difficulties may occur. Eating yogurt before you take the antibiotic may restore the normal digestive balance. It is always important to finish taking the antibiotic as directed on the bottle.
- A surgical dressing may have been placed in the area. Small pieces of the material can dislodge. If the entire dressing comes out, the material does not need to be replaced. If the area is uncomfortable without the dressing, please call the office.
- There may be some very slight bleeding after the surgery. In the event that there is prolonged or severe bleeding please call the office.
- It is normal for some of the sutures to become loose as the healing progresses.
- In order to minimize swelling, an ice pack may be placed on the outside of your face over the surgical site. Remove the ice pack when your face becomes too cold. The ice may only be used right after the surgery and the following day. Ice cream is also good for the area. It is normal for the swelling to increase on the day after the surgery.
- There are no restrictions on what you can eat. It is always better to avoid chewing on the area.
- Do not brush or floss the area for the next week. Use the mouth rinse as directed instead of brushing the surgical site. You may brush the other areas as you would normally.
- At your next appointment, I will remove the sutures. The visit is completely painless and takes about five minutes

If you have any questions or concerns, please don't hesitate to contact me on my cellular telephone at (917) 302-8888